


**August 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>The Disability Action Center</b></p>		<b>1</b> STEM 10-11:30 a.m.  Book Club 1-2pm Group Fitness 2-3pm	<b>2</b> WVATS (Computer Lab) 10-12 noon	<b>3</b> Try This Thursday 10-11:30 a.m.  Creative Arts 1-2 p.m. Line Dancing 2-3 p.m.	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> Make it Monday 10-11:30 a.m.  Bible Study 1-2pm Computer Class 2-3pm	<b>8</b> STEM 10-11:30 a.m.  Lunch and Learn 1-3pm	<b>9</b> GO! Get Outdoors! 1-3 p.m.	<b>10</b> Try This Thursday 10-11:30 a.m.  Book Club 1-2 p.m. Computer Lab 2-3 p.m.	<b>11</b>	<b>12</b> HFC BBQ Dinner 4-7 p.m.
<b>13</b>	<b>14</b> Make it Monday 10-11:30 a.m.	<b>15</b> STEM 10-11:30 a.m.  Book Club 1-2pm Group Fitness 2-3pm	<b>16</b> WVATS (Computer Lab) 10-12 noon  People First 1-3 p.m.	<b>17</b> Try This Thursday 10-11:30 a.m.  Creative Arts 1-2 p.m. Line Dancing 2-3 p.m.	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> Make it Monday 10-11:30 a.m.  Bible Study 1-2pm Computer Class 2-3pm	<b>22</b> STEM 10-11:30 a.m.  Community Service 1-3 p.m.	<b>23</b> Cooking Class 1-3 p.m.	<b>24</b> Try This Thursday 10-11:30 a.m.  Book Club 1-2 p.m. Life Skills 2-3 p.m.	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> Make it Monday 10-11:30 a.m.  DAC Board Meeting 4:30 p.m.	<b>29</b> DAC End of Summer Picnic 11 a.m. to 2 p.m.	<b>30</b> No Classes- Make up Day for Picnic	<b>31</b> No Classes	Make it Monday: Summer Art Series STEM: Weather/Climate Try This Thursday: Mindfulness GO!: Palatine Park	