

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Make it Monday 10-11:30 a.m. Bible Study 1-2pm Computer Class 2-3pm	2 STEAM 10-11:30 a.m. Book Club 1-2pm Group Fitness 2-3pm	3 FREE SPACE 10-12 noon	4 DAC Closed 4th of July Holiday	5	6
7	8 Make it Monday 10-11:30 a.m. DAC String Society 1-2 p.m.	9 STEAM 10-11:30 a.m. Lunch and Learn 1-3pm	10 GO! Get Outdoors 10 a.m.-2 p.m.	11 Try This Thursday 10-11:30 a.m. Book Club 1-2 p.m. Life Skills 2-3 p.m.	12	13
14	15 Make it Monday 10-11:30 a.m. Bible Study 1-2pm Computer Class 2-3pm	16 STEAM 10-11:30 a.m. Book Club 1-2pm Group Fitness 2-3pm	17 FREE SPACE 10-12 noon	18 Try This Thursday 10-11:30 a.m. Creative Arts 1-2 p.m. Line Dancing 2-3 p.m.	19	20
21	22 DAC Camp CAN-DO 9 a.m. to 3 p.m. DAC Board Meeting 4 p.m.	23 DAC Camp CAN-DO 9 a.m. to 3 p.m.	24 DAC Camp CAN-DO 9 a.m. to 3 p.m.	25 DAC Camp CAN-DO 9 a.m. to 3 p.m.	26 DAC Camp CAN-DO 9 a.m. to 3 p.m.	27
28	29 Make it Monday 10-11:30 a.m.	30 No Class	31 No Class	Make it Monday: Clay Creations STEAM: Go Green! Enviro-Tech Try This Thursday: Sports and Leisure-Team Sports GO!: Homestead Farm Center		



August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Make it Monday: Summer Art Series STEAM: Science of Mythology Try This Thursday: Sports and Leisure-Personal GO!: Coal Country Mini Golf</p>  <p>The Disability Action Center</p>				<p>1 Try This Thursday 10-11:30 a.m. Creative Arts 1-2 p.m. Line Dancing 2-3 p.m.</p>	<p>2</p>	<p>3</p>
<p>4</p>	<p>5 Make it Monday 10-11:30 a.m. Bible Study 1-2pm Computer Class 2-3pm Caregiver Support 5:30- 7 p.m.</p>	<p>6 STEAM 10-11:30 a.m. Book Club 1-2pm Group Fitness 2-3pm</p>	<p>7 FREE SPACE 10-12 noon</p>	<p>8 Try This Thursday 10-11:30 a.m. Book Club 1-2 p.m. Life Skills 2-3 p.m.</p>	<p>9</p>	<p>10 HFC BBQ Dinner 4-7 p.m.</p>
<p>11</p>	<p>12 Make it Monday 10-11:30 a.m. DAC String Society 1-2 p.m. Caregiver Support 5:30- 7 p.m.</p>	<p>13 STEAM 10-11:30 a.m. Lunch and Learn 1-3pm</p>	<p>14 FREE SPACE 10-12 noon GO! Get Outdoors 1 to 3 p.m.</p>	<p>15 Try This Thursday 10-11:30 a.m. Creative Arts 1-2 p.m. Line Dancing 2-3 p.m.</p>	<p>16</p>	<p>17</p>
<p>18</p>	<p>19 Make it Monday 10-11:30 a.m. Bible Study 1-2pm Computer Class 2-3pm Caregiver Support 5:30- 7 p.m.</p>	<p>20 STEAM 10-11:30 a.m. Book Club 1-2pm Group Fitness 2-3pm</p>	<p>21 FREE SPACE 10-12 noon People First 1-3 p.m.</p>	<p>22 Try This Thursday 10-11:30 a.m. Book Club 1-2 p.m. Life Skills 2-3 p.m.</p>	<p>23</p>	<p>24</p>
<p>25</p>	<p>26 Make it Monday 10-11:30 a.m. DAC String Society 1-2 p.m. DAC Board Meeting 4:30 p.m. Caregiver Support 5:30- 7 p.m.</p>	<p>27 STEAM 10-11:30 a.m. Community Service Project 1-3 p.m.</p>	<p>28 DAC End of Summer Picnic 11 a.m. to 2 p.m.</p>	<p>29 Make-Up Day for DAC Picnic No classes</p>	<p>30</p>	<p>31</p>

GO! Get Outdoors Activities

July 10, 2024 10-2 p.m. Homestead Farm Center

August 14, 2024 1-3 p.m. Coal Country Mini Golf

NOTE: YOU MUST REGISTER IN ADVANCE FOR ALL GO ACTIVITIES. SPACE AND TRAVEL IS LIMITED. ADDITIONAL PARTICIPANTS MUST PROVIDE THEIR OWN TRANSPORTATION. PLEASE CALL AND RESERVE YOUR SPOT!

DAC Summer Camp CAN-DO

July 22-26, 2024 9:00 a.m. to 3:00 p.m.

A full schedule of activities and registration is available at the DAC and at disabilityactioncenter.com/events. Please call or come in the center to Pre-Register.

The Camp CAN-DO theme for 2024 is “DAC Summer Olympics” and Olympics will challenge campers to work as a team, try new and challenging Olympic-style sports and activities, and even take a historical look at the significance of the Olympics and Paralympics on an international level.

Cost will be \$10.00 per day for DAC members and \$20.00 per day for non-members.

Please call or come in the center to Pre-Register.



Special Events-July and August 2024

In July, we are focusing our efforts on Camp CAN-DO and in August, we encourage you to support the Homestead Farm Center BBQ Dinner Fundraiser on August 10th. Tickets will be available at the DAC and all proceeds will benefit Homestead Farm Center programs. Please support our partners!

Also in August we encourage everyone to attend our end of Summer picnic at Domico Swimming Pool on August 28th. More details will follow and covered dishes/snacks are welcomed!

Special Events will resume October 2024 with our Trunk or Treat.

General Membership Board Meeting

July 22, 2024 4:00 p.m.

All Members are invited to attend our Semi-Annual General Membership Board Meeting on July 24th. Light meal will be provided at 4 p.m. with the meeting starting directly after. Your voice and participation are appreciated and we encourage you to attend.

Experience IT Co-Op

Full STEM Ahead and Creative Arts

A partnership of the DAC and Homestead Farm Center

The DAC and HFC are pleased continue the very successful Full STEM Ahead and Creative Arts classes that include:

- **Make it Mondays:** July: Clay Creations August: Summer Art Series
- **Tuesday STEAM:** July: Go Green Enviro-Tech August: Science of Mythology
- **Try This Thursday (TTT):** July: Sports and Leisure (Team Sports) August: Sports and Leisure (Personal Growth)

All Morning Enrichment program will be held from 10-11:30 a.m. and will be held in 1-month blocks. Please plan to attend the entire monthly session from the start.

Check the calendar for full details and descriptions of classes.

#Higherground Building Fund and DAC Expansion

Grant writing and fundraising is underway for the DAC-Wilfong Wellness Center and the properties across the street and the sites have been cleared for the construction of the one of a kind, accessible gym and wellness space.



New Caregiver Support Group

Cheyann McQuain, DAC Program Director is pleased to offer a new caregiver support group on Mondays from 5:30-7:00 p.m.

This is a FREE service to allow parents/caregivers the opportunity to gain support and coping techniques. Respite will be provided for those in need of care for their child/adult child. Please call or email Cheyann at 304-366-3213 or cheyann@disabilityactioncenter.com to learn more.

SUPPORT

Group for Caregivers

Mondays (5:30-7pm) at the DAC

Beginning June 17th

